



Powhatan Community Services Association

Pool Rules

Pool Entry and Usage

- A Valid pool pass and sign-in with the lifeguard (or kiosk) required to enter pool
- All residents and their guests using the pool and/or accessing the pool do so at their own risk
- Anyone under the age of 10 must be accompanied by a responsible person over the age of 15
- Patrons must not distract, interfere, excessively converse, or congregate around lifeguards while on duty
- No pets are permitted inside the pool enclosure outside of special events approved by the Association's board of directors
- No glass of any kind permitted in the pool area
- The use of profanity and vulgar language is strictly prohibited
- No eating or drinking in the pool
- No smoking or vaping
- No wheeled items other than strollers, medical aids, wagons, and coolers are permitted in the pool enclosure
- Residents and guests are prohibited from entering the guard shack or garage area

Health & Safety

- No running or diving
- Forward-facing jumps only — no flips or backward entries
- No roughhousing — includes dunking, pushing, and horseplay
- All incontinent individuals must wear swim diapers when in the pool
- Proper swimwear must be worn in the pool — no athletic clothes or undergarments
- Only U.S. Coast Guard-approved flotation devices
- No dolphin tails, mermaid tails, and monofins
- Patrons must show swimming competence if requested from lifeguard
 - Individuals who have not demonstrated swimming competency must be supervised by, and remain within arm's length from, their responsible person while in the pool
- Soft toys only. No footballs, basketballs, baseballs, or hard objects to be thrown in the pool area
- Floats allowed at lifeguard's discretion and may be restricted for safety
- Pool and deck must be cleared at the first onset of thunder or lightning and remain cleared for 30 minutes after the last thunder or lightning
- Ten minute swim break required every hour (extended to 15 minutes if heat index exceeds 100°F)
 - Everyone must clear the pool

Violation of rules may result in suspension of pool privileges



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¹ Virginia Department of Health. "Pool & Spa Safety - Environmental Health." *Virginia Department of Health*, <https://www.vdh.virginia.gov/environmental-health/pool-spa-safety/>. Accessed 10 June 2022.

² American Red Cross. "Water Safety | American Red Cross." *Red Cross*, <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html>. Accessed 10 June 2022. ³

American Red Cross. "Water Safety | American Red Cross." *Red Cross*, <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html>. Accessed 10 June 2022. ⁴

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American Red Cross. "Swimming and Water Safety." *Red Cross*, https://www.redcross.org/content/dam/redcross/atg/PDFs/Take_a_Class/SWS_Manual_sample_2.pdf. Accessed 10 June 2022. ⁶OSHA. "Lightning Safety When Working Outdoors." *OSHA*, <https://www.osha.gov/sites/default/files/publications/OSHA3863.pdf>. Accessed 13 April 2023.